

FIS NORDIC COMBINED CONTINENTAL CUP 2022/23 – M&W

		Men		Women	
Date	Day	Site, Nation	Hill, Event	Site, Nation	Hill, Event
I. Period					
09.12	Fri			Lillehammer, NOR	HS 98, Ind 5 km
10.12	Sat			Lillehammer, NOR	HS 98, Ind 5 km
16.12	Fri	Ruka, FIN	HS 142, Ind 10 km		
17.12	Sat	Ruka, FIN	HS 142, Ind 10 km		
18.12	Sun	Ruka, FIN	HS 142, Ind 10 km		
II. Period					
13.01	Fri	Eisenerz, AUT	HS 109, Ind 10 km	Eisenerz, AUT	HS 109, IG 5 km
14.01	Sat	Eisenerz, AUT	HS 109, Mix Team	Eisenerz, AUT	HS 109, Mix Team
15.01	Sun	Eisenerz, AUT	HS 109, Ind 10 km	Eisenerz, AUT	HS 109, IG 5 km
29.01-05.02		JWSC, Whistler, CAN			
III. Period					
17.02	Fri	Rena, NOR	HS 109, Ind 10 km	Rena, NOR	HS 109, Ind 5 km
18.02	Sat	Rena, NOR	HS 109, Super Sp.	Rena, NOR	HS 109, Super Sp.
19.02	Sun	Rena, NOR	HS 109, Ind 10 km	Rena, NOR	HS 109, Ind 7,5km
24.02	Fri	Oberstdorf, GER	HS 137, Mass start		
25.02	Sat	Oberstdorf, GER	HS 137, Ind 10 km		
26.02.	Sun	Oberstdorf, GER	HS 137, Ind 10km*		
IV. Period					
17.03	Fri	Lahti, FIN	HS 130, MS 10 km		
18.03	Sat	Lahti, FIN	HS 130, Team Sp		
19.03	Sun	Lahti, FIN	HS 130, Ind 10 km		
25.03	Sat	Oberwiesenthal, GER	HS 105, Ind 10 km	Oberwiesenthal, GER	HS 106, Ind 5 km
26.03	Sun	Oberwiesenthal, GER	HS 105 Finale	Oberwiesenthal, GER	HS 106, Ind 7,5 km

*Test of a new Individual format.

FIS Nordic Junior World Ski Championships, 29.01-05.02.2023, Whistler (CAN)
 FIS World Championships, 22.02-05.03.2023, Planica (SLO)